

Welcome to Mandara Spa

Imagine the mystery of the East meeting the science of the West. Imagine boundaries ceasing to exist. Imagine science and nature dancing together in perfect harmony. And then, imagine a spa experience at Hapuna Spa by Mandara.

Here, science and nature; practicality and mystery; beauty and peace are entwined, offering an experience as luxurious as it is therapeutic and as magical as it is real.

Our Story

The Mandara experience began on the spiritual island of Bali, inspired by the beautiful tradition of healing touches which is deeply immersed within the culture and passed on from mother to daughter from generation to generation.

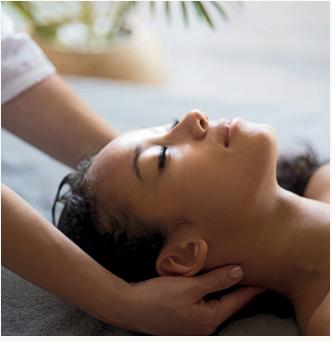
These time-honored therapies, combined with European methods and natural elements indigenous to the spa's region, meld together to provide the most unique and indulgent spa treatments.

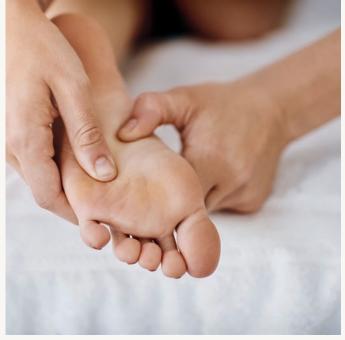
The name Mandara comes from a Sanskrit legend about the gods' quest to find the secret to eternal youth and beauty. We believe you will unlock the secret when you experience a timeless Mandara moment.

Here, time stands perfectly still.

- Throughout this menu, our signature services are indicated with the Mandara symbol.
- Our locally-inspired, indigenous treatments are indicated with the Location symbol.







Body

A body therapy does more than evoke a sense of comfort. It helps your body eliminate toxins through the lymphatic system, gives your circulatory system a boost of energy, and brings about a state of peace and harmony.

FIRE & ICE MASSAGE

A customized, heated Basalt stone massage complemented by ice-cool gels to gently detoxify the body and address areas of concern, alleviating stress and easing aching muscles. Melted paraffin on the back will enhance the warming sensation of this contrast therapy.

90 min \$290 | 75 min \$255 | 60 min \$220

COCONUT POULTICE MASSAGE

Warmed coconut compresses massage the body, releasing natural emollients - rich in vitamins. Using acupressure movements, the poultices are then applied to the body at pressure points to relax muscles and release tension.

90 min \$290 | 75 min \$255 | 60 min \$220

MANDARA DEEP TISSUE MASSAGE

This massage helps to warm and relax the muscles, improving range of motion. Enjoy before physical activity to increase flexibility and afterward to help the speedy recovery of strained muscles.

90 min \$290 | 75 min \$255 | 60 min \$220

• HAWAIIAN LOMI LOMI MASSAGE

Experience the traditional healing massage of the Hawaiian Ali`i or Royalty. A combination of long, gentle strokes using the forearms and hands helps to induce deep relaxation and wellbeing.

90 min \$275 | 75 min \$240 | 60 min \$205

◆ BALINESE MASSAGE

This traditional therapy combines stretching, long strokes as well as palm and thumb pressure techniques. The Balinese massage relieves tension, improves blood flow, eases stress, and encourages harmony.

90 min \$275 | 75 min \$240 | 60 min \$205

PEACEFUL PREGNANCY MASSAGE

Mothers-to-be in their second or third trimester are lulled and restored to optimum wellness. An intuitive, sensitive, and relaxing massage hydrates and moisturizes skin that is expanding to accommodate a growing baby.

60 min \$205

• REIKI

This ancient Japanese ritual that will allow you to become energetically balanced – physically, emotionally, mentally, and spiritually. Calming hands deliver vitality while improving the flow and balance of your energy to support healing throughout the body.

90 min \$260 | 60 min \$190 | 30 min \$120

MANDARA CUSTOMIZED MASSAGE

Our bespoke massage - based on the Swedish method and enhanced by worldwide techniques - achieves desired results. This heavenly escape includes a blissful scalp and foot massage.

90 min \$260 | 75 min \$225 | 60 min \$190

• HAWAIIAN KU'UIPO MASSAGE (COUPLES MASSAGE)

Together, indulge in a gorgeously relaxing massage in our spa suite reserved for sweethearts. Both of you will enjoy a Lomi Lomi Massage side by side. Select any other massage category for an additional fee.

Priced for two people.

90 min \$570 | 75 min \$500 | 60 min \$430

IN-SUITE MASSAGE

Let us bring the spa to you in the comfort of your room. All in-suite massages are booked with same gender therapists.

\$95 added to the respective service price.

Body Enhancements

Complement your body therapy with any service from an all-inclusive selection of soothing baths, body polishes, signature wraps, and rituals to enrich or extend the experience.

Enrich Your Experience*

Enrich your experience with a service enhancer that is built into your service without adding time.

FRANGIPANI NOURISHING HAIR AND SCALP TREATMENT

Restores luster to the hair and scalp while promising unadulterated relaxation.

\$35

HOT STONE THERAPY

The vitality and energy of heated stones are used to soothe away stress and relieve muscular tension, aches and pains.

\$35

BAMBOO THERAPY

Warm bamboo of various sizes soothe muscles and melt away tension.

\$35

STICKS AND STONES

Bamboo Therapy and Hot Stone Therapy are fused to give the body an out of this world experience, soothing muscles into sweet oblivion.

\$.35

CONDITIONING FOOT TREATMENT

An indulgent treat for the feet to exfoliate, hydrate, and revitalize the soles.

\$35

WARMING PARAFFIN TREATMENT

Stimulates circulation, relieves stiff necks and sore lower backs, and moisturizes chapped, dry hands or feet.

Select one area - back, hands or feet. A perfect addition to any body service.

\$25

Extend Your Experience**

Extend your experience with a service enhancer that adds time to your service.

DETOX THERAPIES

CELLUTOX AROMA SPA OCEAN WRAP

Cocoon the body in a detoxifying wrap to refine the appearance of cellulite and relieve the discomfort of fluid retention.

60 min \$205

MUSCLEASE AROMA SPA OCEAN WRAP

Envelop the body in an aromatic seaweed mask to relieve stiff joints and muscular tension.

60 min \$205

RESTORATIVE THERAPIES

REFLEXOLOGY

Send waves of deep relaxation throughout the body with an ancient healing therapy that is as blissful as it is beneficial. Massage the reflex points on the feet to restore natural energy flow and improve overall health.

30 min \$120

EXOTIC BODY POLISHES

O TROPICAL HAWAIIAN BODY SCRUB

Experience the exfoliating benefits of Hawaii's natural ingredients, complete with an application of tropical body lotion, foot and scalp massage.

60 min \$205

CITRUS BODY GLOSS

Citrus extracts are blended with crushed coconut shell granules and warm oil to exfoliate and sumptuously soften the skin. This 'scent'-sational polish is followed by a zesty lime and creamy coconut body cream to hydrate and moisturize.

30 min \$115

EXOTIC FRANGIPANI MONOI SALT GLOW

Found in sub-tropical climates, exotic Frangipani flowers are the centerpiece to this silky, mineral-rich salt and Hibiscus polish that melts on contact. The salt and hibiscus cleanse and exfoliate while monoi oil and Frangipani flowers seal in moisture. The skin is left nourished, soothed and delicately fragranced.

30 min \$115

EXOTIC LIME AND GINGER SALT GLOW

This exotic exfoliation ritual invigorates and brings vitality to the skin. Warm oil is luxuriously drizzled all over before our Exotic Lime and Ginger Sal Glow is applied. The skin is deeply cleansed, polished and softened to a touch.

30 min \$115

MANDARA COFFEE AND COCONUT MILK BODY POLISH

An evocative blend of coffee granules and coconut oil is used to exfoliate the body, leaving the skin feeling soft and smooth while deeply nourishing and moisturizing the body with coconut, sweet almond, and starflower oils.

30 min \$115

WELLNESS WONDERS

BREATHING RELEASE

Surrender the mind and body to a wealth of relaxation exercises. Your therapist will combine deep, meditative breathing with movements and point release tools to relieve head, neck and shoulder tension.

15 min \$55

SOUND WAVE THERAPY

Lull the mind and body to a meditative state. Your treatment will begin and end with a beautiful shower of peaceful sound wave vibrations produced by therapeutic singing bowls to promote total relaxation and help realign your chakras.

15 min \$55

MYOFASCIAL RELEASE

Muscles are stretched, pain reduced, and motion restored. Your therapist will use a revolutionary roller to target major muscles in the back, hips and legs to increase mobility, alleviate soreness, and release restrictions from the body.

15 min \$55

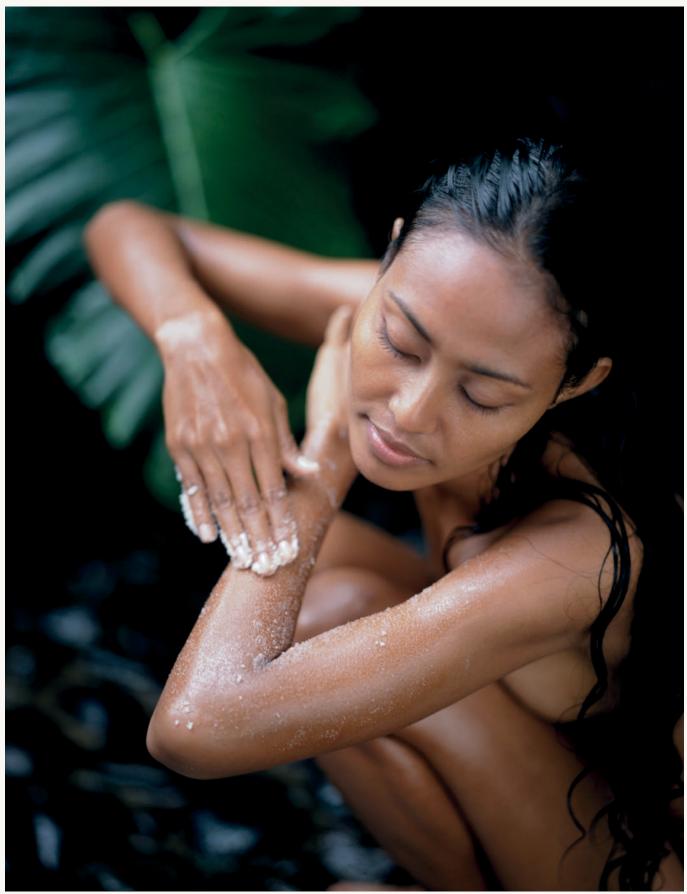
ACUPRESSURE - HANDS AND FEET

Soothe sore, tired hands and feet with a point release tool utilized on pressure points to alleviate the pain and discomfort of overworked muscles.

15 min \$55

^{*} Enrich your experience with a service enhancement that is built-in to your service without adding time.

^{**} Extend your experience with a service enhancement that adds time to your service.



Spa Information

OUR PROMISE TO YOU

We are committed to inspiring your wellness journey while delivering uncompromising indulgence and the finest expression of service. Your comfort and enjoyment are important to us. If we have not fulfilled our promise to you, please visit the spa reception desk to ensure we remedy your experience.

RESERVATIONS

To schedule treatments, you may book online at:



Or you may call our spa directly from a hotel phone or at 808-882-5630.

We require a credit card upon booking to secure your reservation and accept most major credit cards. Pre-scheduling your services is recommended, although we do welcome walk-ins and will do our best to accommodate you.

MINIMUM AGE REQUIREMENTS

Spa guests are required to be 18 years or older to receive treatments or utilize the facilities. Spa services are available for teens 13-17. For further details, please see our teen and kid spa menu.

CANCELLATION POLICY

We require at least 24 hours' notice for cancellation to avoid being charged the full price of your treatments to the credit card provided when booking your services.

PURCHASE POLICY

Unopened products may be exchanged within 14 days of purchase with an original receipt. We cannot exchange opened products.

SERVICE CHARGE

For your convenience, a 20% service charge in lieu of gratuity will be automatically applied to the final bill. Gratuity for exemplary service is discretionary.

ARRIVAL

Please arrive at least 15 minutes prior to your scheduled appointment so you can relax in our waiting areas. To maintain the serenity of the spa, we ask you turn off your mobile phone and electronic devices upon arrival. Regretfully, if you are late for an appointment, we may have to shorten your treatment time to be on schedule for the next quest.

VALUABLES

For the safety of your valuable items, we suggest you leave all jewelry and money in the safe provided in your hotel room. The spa will not assume any liability for valuables.

ADDITIONAL SERVICES

Facials and waxing services are available at the Mauna Kea Spa by Mandara at Mauna Kea Beach Hotel. To schedule your treatment call 808-882-5630.

OUR LOCATIONS

Mandara Spas can be found in diverse locations around the world. To find a location nearest you, visit mandaraspa.com

KEEP IN TOUCH

Make taking care of your skin, body and hair part of your daily ritual and visit us at timetospa.com

Customer Service c/o One Spa World, LLC 1-855-848-3059

mandaraspa.com

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Hapuna Spa by Mandara The Westin Hapuna Beach Resort

62-100 Kauna'oa Drive, Kohala Coast, Big Island, Hawaii 96743 T 808-882-5630 E hapuna@mandaraspa.com

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